Bwydlen Wythnos yn dechrau 09 / 11 / 2026 - Menu Week Beginning 12 / 10 / 2026

Dydd Llun 09 / 11 / 2026	Dydd Mawrth 10 / 11 / 2026	Dydd Mercher 11 / 11 / 2026	Dydd Iau 12 / 11 / 2026	Dydd Gwener 13 / 11 / 2026
cyw iâr mewn saws tomato reis llysiau bara Ll - Quorn mewn saws tomato	peli cig saws tomato pasta pys a corn melys bara garlleg Ll - peli llysieuol	pitsa sglodion salad	porc stwffin tatws llysiau grefi Ll - selsig llysieuol	bysedd pysgod tatws ffa pob ffyn llysiau
bisged a llaeth	sgon gellyg a siocled + cwstard	ffrwythau	cracers, caws ac afal	iogwrt ac afal

Monday 09 / 11 / 2026	Tuesday 10 / 11 / 2026	Wednesday 11 / 11 / 2026	Thursday 12 / 11 / 2026	Friday 13 / 11 / 2026
tomato chicken rice vegetables bread V - tomato Quorn	meatballs tomato sauce pasta peas and sweetcorn garlic bread V - vegetarian meatballs	pizza chips salad	roast pork stuffing potatoes vegetables gravy V - vegetarian sausage	fish fingers potatoes baked beans vegetable sticks
shortbread and milk	pear and chocolate scone + custard	fruit platter	crackers, cheese and apple	yogurt and apple